Holy Trinity Lutheran Church Newsletter September 2016 104 West Main Street, Stafford Springs, Connecticut 06076



Our lives are filled with much more serious events than this one that cause anxiety, but they all add up and we feel like we are suffering from something we cannot quite describe. When we are anxious, our demeanor suffers and our relationships with others suffer which adds to our anxiety. Also, and most importantly, our spiritual life is degraded and *we lose sight of our true purpose*. We find ourselves focused on ourselves and mundane issues of a material world trying to get everything around us to go the way we want it.

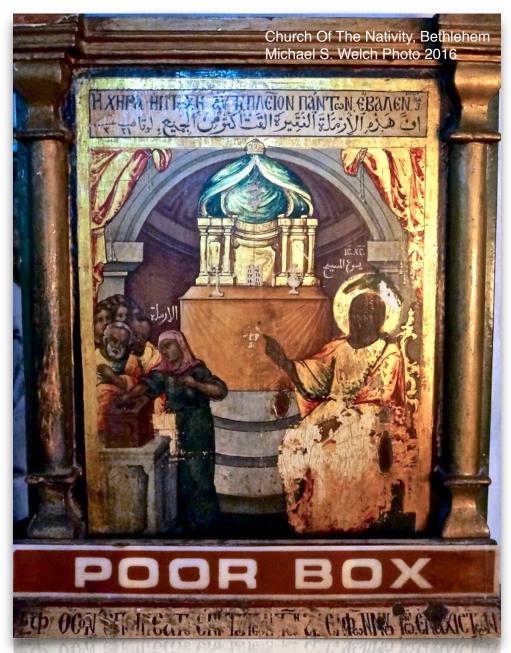
This is the basic problem with our materialistic way of life coupled with our self-centeredness. We want everything to obey our commands - including Mother Nature. *People today have made their lives difficult, because they are not satisfied with a few things, but are constantly chasing after more and more material goods.*

So how do we deal with this fact of modern life? We can't all go off to a monastery and escape. The key is to not set such high expectations out of this material world and set our hopes instead on the life to come. We can learn to strive less for material well-being and begin to strive more for spiritual well-being.

Those who would like to live a genuine spiritual life must first of all be satisfied with a few things. When their life is simplified without too many concerns and nuances, not only will they be liberated from the worldly spirit, they will also have plenty of time available for spiritual things. Otherwise they will tire themselves out by trying to follow the fashion of the times; they will lose their serenity and will gain only great anxiety.

All the fancy things we pile onto our life add to its complexity. You can do something as simple as install a new carpet and then find you begin to worry about it getting soiled and start tormenting all who come through your house. Just because of a carpet!

We can learn to seek simple and practical material goods, things that make our life easier with less hassle. This is not a simple task but one worthwhile pursuing. Keep life simple and you will



find you have more energy for the spiritual life which will bring you great rewards and joy instead of anxiety.

Christian morality and justice inspires us to identify things we do not really need. Seek a smaller house rather than a large one. Identify at least one activity that you can withdraw from to make more free time in your life. Identify one relationship you need to sever. Make time for and build a habit of daily prayer. Simplify your daily menu and follow the fasting guidelines. Repent continually and participate in the life-giving Sacrament of Holy Communion. With a little effort you can begin to change your way of life towards one that demands less rather than more. The monetary surplus that emerges you can use to help those who are disadvantaged and who cannot meet the minimal material needs of daily life. This is the right path. This is the Christian way of life

Pastoral Care

Contact information for

Rev. Thomas S. Drobena; 'Pastor Tom'

Office phone: 860-684-7571

Email address: thomas.drobena@yale.edu

Mailing address:

7 Green St. Stafford Springs, CT 06076-1334

Contact information for President Andrew Fisher

Cellphone: 860-930-2845

Email – acffbusiness@gmail.com Church - <a href="https://http



Members of the Council are:

Rev. Thomas S. Drobena President – Andrew Fisher

Vice-President – Walter Kovaciny

Treasurer – Catherine Lichanec

Secretary – Amelia Hinchliffe

Melissa Fisher

Leonard Lichanec

Michael Marvonek

Patricia Marvonek

(Non-Council position)

Financial Secretary – Leigh Maxa



Service Teams

† Worship & Music Team: Leigh Maxa

† Property Team: Andrew Fisher,

Michael Marvonek, Adam Tremblay and Michael Welch

† Learning & Youth Group Team:

Rev. Thomas Drobena, Melissa Fisher, Walter Kovaciny, Cathy & Leonard Lichanec



Shut-in Members of Holy Trinity Lutheran Church

Attn: Mr. Harold Barton Fox Hill Center 1253 Hartford Tpke. Room #49A Vernon, CT 06066-4560

Attn: Mrs. Barbara Bulick Brookdale 1715 Ellington Rd. Room # 212 South Windsor, CT 06074-2702

Ms. Shirley Kaba 7 High St. Stafford Springs, CT 06076-1215

Attn: Ms. Barbara Kovaciny Evergreen Health Care Center 205 Chestnut Hill Rd., Room # 1101 Stafford Springs, CT 06076-4005

Mr. Paul C. Kovaciny 242 East St. Stafford Springs, CT 06076-3923

Ms. Anna Mandak 21 Old Monson Rd. Stafford Springs, CT 06076-3343

Mrs. Tonia Marvonek Evergreen Health Care Center 201 Chestnut Hill Rd., Rm. # 2107 Stafford Springs, CT 06076-4005

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† Ask God to lift any burdens that weigh heavily on your mind.

† Thank You, God for listening and answering.

† Commit to the wonder, to marvel at the coming of Christ.

† Face every situation with faith in your heart.

September Birthdays

- 07 Pat Kovaciny
- 11 Nan Hayden
- 12 Pauline Valery
- 13 Caleb Tremblay
- 14 Zachary VanDyk
- 15 Stacy Fisher
- 15 Luke Hoss
- 16 George Pallanck
- 18 Marc Verney
- 19 Shirley Pufahl
- 21 Julia Hlobik
- 23 Amy VanDyk
- 30 Donna Palacko

Anniversaries

- 01 James & Diane Bulick
- 02 William & Elizabeth Mottes
- 04 Neil & Terry Hoss
- 09 Gary & Cynthia Brown
- 13 Adam & Jamie Murray
- 19 Tim Mercier & Amelia Hinchliffe
- 28 Bryan & Leigh Maxa
- 29 James & Carol Schraffenberger

Visit Jerusalem and the Holy Land of Israel 2017

Travel from the 3rd Sunday of February to the 1st Wednesday of March. February 19 to March 1, 2017. See all the places you have heard about and read about in the Bible. All guided and explained by Dr. Thomas Drobena, archaeologist and former guide. The price is \$2,999.00. This included entrance fees to all the sites, including boast ride on the Sea of Galilee, cable care at Massada, cable car at the Mount of Temptation, Jericho. You can see the complete itinerary on

our church website: <a href="http://h

Annual Harvest Sale

It's that time of year again. We will be holding our annual Harvest Sale on Saturday, October 15th. In order for the sale to be a success, we will need **everyone's** help. Our church is blessed as we have so many fantastic bakers, cooks and farmers in our congregation. Please plan on donating items that are your specialty; whether that is baked goods, homemade pickles, jellies/jams, fruits/vegetables, flowers. The only thing holding you back is your imagination of what to donate. Remember **YOUR** church depends on everyone making donations.

There will be at least 3 baskets and a handmade afghan donated for raffles.

Also we will need people to help man the tables on the day of the sale.

Setup will be Friday, October 14th from 3 to 8 p.m.

The Harvest Sale will be Saturday, October 15th from 9:30 a.m. to 1:30 p.m.

If you have any questions, please contact one of the co-chairs; Leigh Maxa or Cathy Lichanec.

We're celebrating!!!!! St. Edward School in Stafford Springs was awarded "Best Private Elementary School" by the North Central News Readers! It's not too late to be part of our amazing educational family! Our children are our most precious gift and, we long to provide them with the best of everything. Growing up at this time in our world can be frightening and unnerving. All of us at St. Edward School recognize the difficulties that children face today. Our Whole Child Academy seeks to provide children with the best possible environment - truly an extension of your own family - fostering a strong basis in Faith to help guide and protect through the storms of life, an awareness of our emotions and reactions to successfully navigate different experiences, a greater understanding of how we learn as individuals to help promote optimal academic success, and assurance that each is loved as a unique and special child of God. No where else can this truly holistic approach to the development of a child occur. If you are interested

in learning more about how your child, grandchild or special young person in your life can benefit from the great gift of a St. Edward School whole child

education, please call the school office at (860) 684-2600. We'd love to share with you all that is awaiting your child and to help make this amazing experience possible! Financial assistance is available.

STAFFORD'S ECUMENICAL PRAYER SHAWL MINISTRY

We will be meeting on the **SECOND TUESDAY** of the month from 6:00-Shawl 7:30 pm at the Stafford Public Library. Our next meeting is Ministry Tuesday, September 13, 2016.

We welcome individuals who would like to attend and knit, crochet, or quilt these much needed prayer shawls. (We'll even teach you to knit or crochet!) Join in a ministry that brings God's grace, peace, comfort, love, joy, and hope to

those in need. If you cannot make the meeting but want to make prayer shawls at home, we'll even pick them up. If you or your pastor knows of anyone who could use a prayer shawl, we'll arrange for one to be picked up. Please contact Kathy Aborn at 860-684-9484 for information or pick up arrangements.

Schedule

Prayer

With the new church season starting, the reading for the next year are from Series C.

<u>Tellers</u> <u>Ushers</u> <u>Worships Assistants</u> <u>Reader</u>

September 4, 2016 – 10:00 a.m. – The Sixteenth Sunday after Pentecost – Green

Deuteronomy 30: 15 - 20; Psalm 1; Philemon 1 - 21; Luke 14: 25 - 33

Amelia Hinchliffe Michael Marvonek Leigh Maxa Daniel Lichanec

Michael Marvonek Patricia Marvonek Cathy Lichanec

September 11, 2016 – 10:00 a.m. – The Seventeenth Sunday after Pentecost – Green

Exodus 32: 7 – 14; Psalm 51: 1 – 10; 1 Timothy 1: 12 – 17; Luke 15: 1 – 10

A Volunteer Walter Kovaciny Sheila Welch Daniel Lichanec

A Volunteer Cathy Lichanec

September 18, 2016 – 10:00 a.m. – The Eighteenth Sunday after Pentecost – Green

Amos 8: 4 - 7; Psalm 113; 1 Timothy 2: 1 - 7; Luke 16: 1 - 13

Leonard Lichanec Daniel Lichanec Cathy Lichanec Steve Marvonek

Patricia Marvonek Leonard Lichanec

September 25, 2016 – 10:00 a.m. – The Nineteenth Sunday after Pentecost – Green

Amos 6: 1a, 4 – 7; Psalm 146; 1 Timothy 6: 6 – 19; Luke 16: 19 – 31

Melissa Fisher Cathy Lichanec Daniel Lichanec

Cathy Lichanec Walter Kovaciny

October 2, 2016 – 10:00 a.m. – The Twentieth Sunday after Pentecost – Green

Habakkuk 1: 1 – 4, 2: 1 – 4; Psalm 37: 1 – 9; 2 Timothy 1: 1 – 14; Luke 17: 5 – 10

Michael Marvonek Melissa Fisher Leigh Maxa Leonard Lichanec

Walter Kovaciny Walter Kovaciny

Attention all Lay Assistants and Volunteers that help with services

This includes Council Members, (Tellers), Ushers, Worship Assistants and Readers.

Please let me know dates and days of when you aren't available to serve in your position. It's much easier to find a replacement (when available) prior to typing the Monthly Service Schedule rather than finding a replacement after the schedule is typed or you just don't show up.

You can hand me a piece of paper when we see each other at church; or send me an email at walterkovaciny@cox.net or send me the information via snail mail. Just don't tell me verbally. Thanks to everyone for their assistance with this. Walter Kovaciny, part of the newsletter team.

September Holy Trinity Lutheran Church 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4 The Sixteenth Sunday after Pentecost 10:00 a.m. Holy Communion	5	6 Pastor's Day off	7	8	9	10 8:45 a.m. to 12:45 p.m. Safe Net Distribution
11 The Seventeenth Sunday after Pentecost 10:00 a.m. Holy Communion 11:15 a.m. Church Council	12	13 Pastor's Day off	14	15	16	17
18 The Eighteenth Sunday after Pentecost 10:00 a.m. Holy Communion	Deadline for submitting articles for the October Newsletter	20 Pastor's Day off	21	22	23	24 8:45 a.m. to 12:45 p.m. Safe Net Distribution
25 The Nineteenth Sunday after Pentecost 10:00 a.m. Holy Communion	26	27 Pastor's Day off	28	29	30	



*** Coming Events ***

September

4 to 10 – Slovak Zion Synod Assembly

October

14 – Setup for the Harvest Sale – 3 to 8 p.m. 15 – Annual Harvest Sale – 9:30 a.m. to 1:30 p.m.

Holy Trinity Lutheran Church 104 West Main St. Stafford Springs, CT 06076

Web site address www.holytrinitystafford.org Address Correction Requested Slovak Zion Synod – ELCA

